

THE BEST OF CORNISH LIFESTYLE • SUMMER 2022

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What's on in Cornwall This Summer



A NOTE FROM THE EDITOR

Hello and welcome to the very first issue of Life Feels Good, a lifestyle publication created by us, West Carclaze Garden Village, for people just like you, Cornish folk who love these lands and living in this special part of the world.

We hope that it inspire you to try new things, be it cooking on an open fire, treading new paths or taking a little delve into some of the fascinating local history. In this edition you'll learn about exciting events and Cornish creatives and small businesses - a huge desire from the team when crafting this publication has been to shine a light on local talents, to share their interesting stories and unshakeable passion.

Towards the end, you'll find an update on how our site is developing. So far, sixty nine families have bought into the promise of the West Carclaze Garden Village lifestyle, and every single one of them has been delighted with the design and quality of their new homes - but more on that later. We hope you enjoy sitting back in a shady spot to delve into this summer edition.

All the best,

Dorian Beresford, Chief Development Officer & The West Carclaze Garden Village Team

life feels good

EXCAVATING INTO THIS LAND:

A History of the Clay Country's Unique Landscape

Photo Credits:

Thanks to The Wheal Martyn Museum & The China Clay History Society.

Do you realise there's a chance you're holding Cornish china clay in your hands, right now?

These days, one of the primary reasons we use china clay—known otherwise as 'kaolin'—is for paper production. It's first used as a filler material, mixed with wood pulp to bond together the paper's fibres. Then, later in the process, sheets of paper are coated with kaolin to achieve a glossy printable surface.

So if you've ever wondered why we've been mining china clay in Cornwall, here's part of the answer: it's this object you're holding, these words you're reading. We so often forget how dependent human life is upon the landscape: that this sentence couldn't even be printed if it weren't for what lies hidden amongst the rock directly beneath our feet.

'The essential component that is in all our lives' is how a 1990s print advert for the English China Clay International company—once based in St Austell's John Keay House—describes the material. This gift gathered from Cornish granite is in many of our everyday objects: 'Whether you prefer a porcelain cup or a chunky mug to drink from, the chances are you're in touch with ECC International's kaolin and ball clay.' There are many products that you'd expect china clay to be in—say, 'your elegant bathroom suite'—but many perhaps you wouldn't: 'the paint on your walls, the insulation on your electrical wiring'.



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This 'essential' action—opening the earth, removing the clay—is something humans have been doing in Cornwall since 1746. Though this region has some of the richest reserves of the mineral in the world, china clay was—perhaps the name gives it away—first discovered in China. The term 'kaolin' is derived from the specific placename 'Gaoling' in the Jiangxi province, a mountain where the material was first mined. It is hard to overstate how much fine porcelain and bone china felt like a miracle when these goods first reached European hands. People could not comprehend how these ceramics could be so delicately shaped but still so strong. (There are still moments when the marvel of this material can be felt: there's that dumbfounding moment when you accidentally drop a plate or cup, prepare for the shatter, but then everything is somehow fine.)

For a long time, the exact details of how chinaware was made weren't known to European ceramicists. As tracked by books like Edmund de Waal's historical study The White Road: Journey into an Obsession, the narrative of how knowledge of kaolin came to Europe is hazy, debated and oftentimes troubling. But when William Cookworthy, an eighteenth-century Quaker pharmacist from Plymouth, happened across an abundance of white substance near the Cornish villages of Germoe and again at St Stephen, he recognised what it was. Large parts of inland Cornwall have never looked the same since.

To truly understand the shape this land now takes, you need to understand the

industrial processes of china clay mining. This scene is a landscape dominated by the pit and the tip—the old English China Clay logo is a depiction of these two man-made landforms—and maybe there's a reason why these two words are mirror images of each other. First, you excavate a pit to expose the kaolinised deposits of granite. Back in the 1800s when thousands of shift workers toiled this land—these large, expansive pits were born from pickaxes, shovels, and muscles (we now use explosive charges, listen out for sirens). And then simultaneously, you pile up the tip: after the kaolin is extracted, the rock and sand leftover are collected and heaped on the surface. The result is a landscape that doesn't look like Earth anymore. 'Eerie, isn't it?' begins a British Pathé narrator over a washed-out 1960s newsreel showing the interior of a clay pit, 'like some unexplored lunar landscape. Can that man in the moon really have such rugged features?'

Then, to extract the fine kaolin particles from the face of the exposed quarry, you use water. The earliest miners would resourcefully re-channel nearby streams to place the clay in suspension, whereas on the modern china clay mine, high-pressure hoses are remotely controlled (it's one of these hoses—or 'monitors'—that's installed on Stenalees roundabout). This clay-containing water is then routed to large settling tanks, where unwanted elements like sand fall to the bottom, before further processes of refining continue to improve the grade of the extracted kaolin. A key element that is removed during these







stages is mica. This inert particle is why this area's lakes shimmer like they do: when you see these old clay pits that have naturally filled with rainwater—or maybe they're being used purposefully by the mining company to store water—these very fine mica particles are the reason why this water is brilliant bright blue.

But now that global demands have changed—and so has the market need for Cornish kaolin—what do you do with this landscape now? It makes sense to flatten the tips and in-fill the pits.

Remove the traces of heavy industry and put it back to what once was—before Cookworthy ever realised what was under this ground. Nowadays, clay country is fast becoming a place of sustainable solar farms, nature trails and eco-minded projects.

However, there's a difficult here: when you grow up in these parts, your eyes see the exposed rock and micaenriched water as being a natural part of this landscape's heathlands. Ageing mining infrastructure is something you live alongside without much thought:

Melbur Pit, Par Harbour, St Blazey engine shed—these are the ordinary backdrops of life here. And, if anything, it's now removing these environmental blemishes that can feel strange. In 2015, when there was talk of finally removing the large sand heap near to Carclaze, alarmed residents petitioned for the Sky Tip to be awarded with UNESCO World Heritage status. Now adorned with a Saint Piran's flag, the 'Cornish Alp' is an enduring connection the unique history of the land. (An old photo of a clay country village like Nanpean will show a landscape dominated by these heaps, most of which have now been in-filled.)

And there is a something else that has been unearthed within this landscape: a simple, undeniable beauty. Not only did the miners dig clay, but they also unearthed the striking appearance of the depths. There are entire photobooks of this landscape's bright streaks of crisp white against the dark gorse. And that's because the beauty of clay country is entirely its own, excavated and open, unrepeated elsewhere.



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Influencer, business owner and Mum of two, Hayley Bisofsky-Pope, has joined the West Carclaze team to share inspirational stories of her days exploring Cornwall. She inspires children of all ages to discover the beauty around them via her brilliant business, The Little Naturalists Club. The company offers seasonal themed subscription boxes to get the whole family outdoors and fuelling their curiosity of the natural world. Here, Hayley shares incredible places not found on the usual 'to-do' lists, inspiring us to explore the natural playground all around. Over to you Hayley -

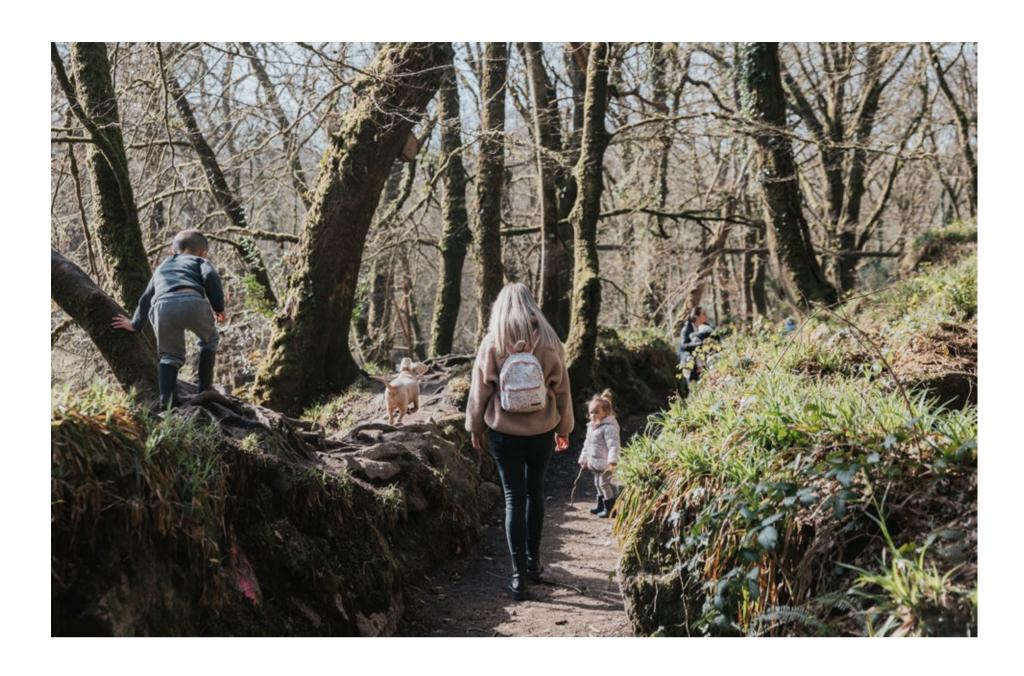
HAYLEY BISOFSKY-POPE

Cornwall dweller, lifestyle blogger & Founder of The Little Naturalists Club www.littlenaturalistsclub.co.uk @stovesincoves

THREE CORNISH WALKS

Cherish the Cornish Paths Less Trodden

From gorse laden, rugged moorland to rambling woods and lush valleys, walking in Cornwall is always a good idea. With endless miles of breath-taking scenery, this is our pick of the best places to go off the beaten track and explore the Cornish paths less trodden this summer, which you might not have been so familiar with until now...



Golitha Falls – A magical woodland to welcome young and old.

Who's it for:

Families with little ones, four-legged friends and nature lovers

Difficulty:

Easy – great for children

Distance:

Varies, you can head back anytime

Nestled in the heart of Bodmin Moor, Golitha Falls, pronounced 'Gol-ee-tha' is a picturesque, national nature reserve which feels like it's been lifted straight from a storybook. The dappled light, ancient oaks turned emerald from years of moss, and series of cascading waterfalls all contribute to the enchanted feeling of this hidden place, residing in the east of Cornwall.

Depending on which crew you have with you, you can take your pick of trails to follow. Some will take you deeper into the woodland and are great for those with welly-booted little ones in tow, or you can stick to the banks of the babbling River Fowey. Young at heart elders can still get their fix of fantasy, admiring the fairytale scenery from the flatter terrain, just keep your eyes peeled for tree roots underfoot, and bring the sensible shoes that all Cornish folk should own.

Splashing in the shallows is fine to do, and sometimes you'll even spot flecks of copper leftover from mining days gone by, which you'll easily convince the children is pixie dust. Whilst you'll always be surrounded by wildlife, from birds of prey to bats at dusk, only the lucky ones will be blessed with a deer sighting, or otter greeting.

When the steam runs out, turn around and head back to base where you'll find the most perfect place to lunch together - you're urged to leave the picnic at home on this occasion! Gather around long trestle tables to take your pick of something you might not have expected to find in the depths of the wood - an array of delicious BBQ delights, served up by Inkie's Smokehouse. Cup fully loaded hot chocolates on wintery days, and if you make it in the summer, watch the little ones grin when you pass them ice-creams as big as their faces.

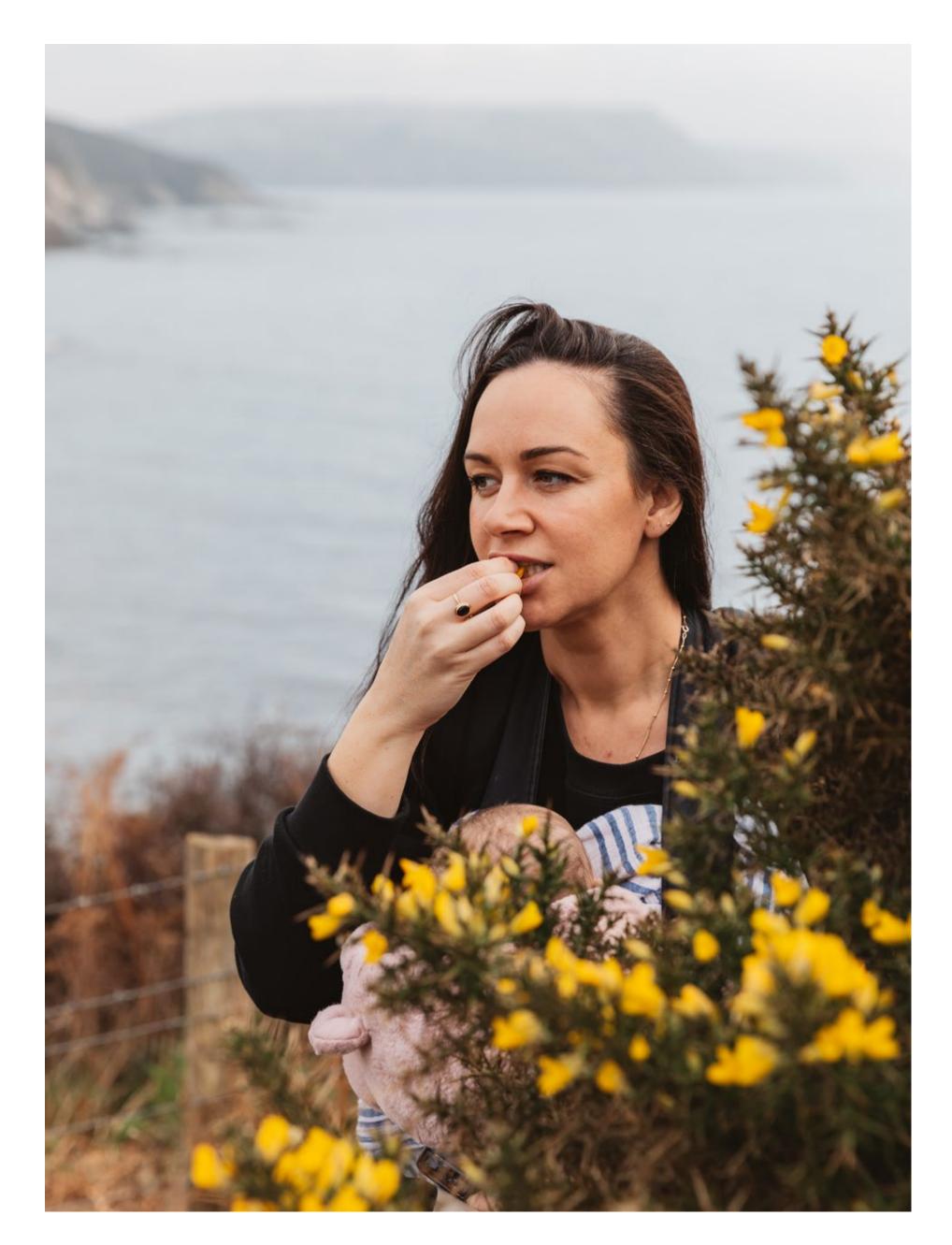


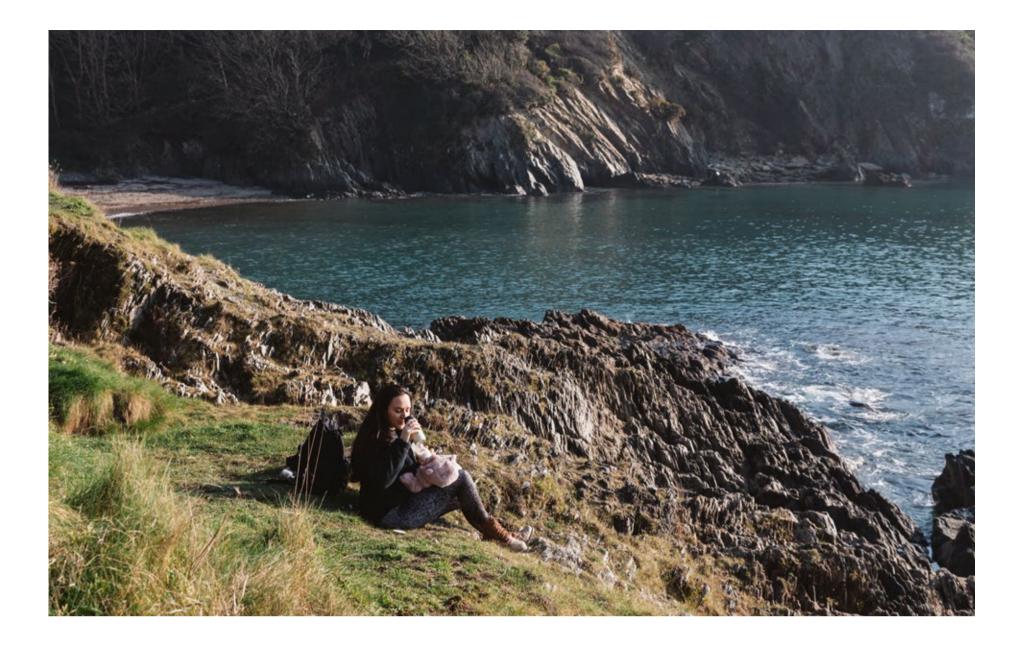


Good to knows are that the car park is free, there are public toilets, and it's dog friendly - frequently wagging tails will no doubt give the seal of approval. This is the kind of place you'll feel so happy to have found, and shall take great joy in recommending it to, and enjoying it with, local friends. Whilst there isn't a huge amount of signage here, it almost adds to the wonderment. Golitha is hardly a bad place to get lost in, for a little while at least.









Gribben Head – A Picturesque Walk Along The South Coast

Who's it for:

Families with little ones, four-legged friends and nature lovers

Difficulty:

Easy – great for children

Distance:

Varies, you can head back anytime

This stunning section of Gribben Head coastal path just west of Fowey, offers a variety of landscapes made famous by their association with author Daphne du Maurier, who used them as settings in her many Cornwall based books. This area offers breathtaking natural beauty and is rich in historical significance.

This is a great walk for exploring, confident swimmers (not a lifeguarded beach), wild flowers, rock pooling and families. It's a relatively short and easy walk although the hill up to the Daymark is quite steep.

1. BEGIN AT MENABILLY

Start your walk by parking at Menabilly Farm, making sure you have a 50p in your pocket for the car park honesty box which is an old milk churn located at the gate to the farmer's cottage. It's a short ten to fifteen minute, easy walk down a country path that winds through farmland, until you get down to Polridmouth Beach.

2. SHIPWRECK SPOTTING

Depending on the state of the tide upon your arrival you may be confronted by a shipwreck. This is the wreck of Romanie and she was a 260 tonne, 100ft long, three-masted steel sailing vessel built in 1918. On January 16th 1930, she was sailing from Fowey to Par when a sudden storm whipped up and the ship was wrecked against the rocks at Polridmouth Bay.

Captain and crew managed to escape to shore but the ship ran aground on the beach and was left for the sea and the elements to reclaim. The area is now synonymous with the author Daphne du Maurier who lived in the Menabilly Grade II estate, and used the landscape and shipwreck as the backdrop to her book "Rebecca", written in 1938.

3. POLRIDMOUTH COTTAGE

From the beach if you head east along the coastal path within a minute or two you'll find yourself at Polridmouth Cottage. The cottage sits on the edge of a shingle beach and a freshwater lake (circa 1925-1935), and incorporates an old watermill which ground grain for the Menabilly Estate.

4. DAYMARK

Continue west and you can venture up the steep hill of Gribben Headland and towards the 26 metre tall Daymark that is banded in red and white stripes, and has stood out on the headland since 1932. The Daymark was erected so that sailors didn't mistake the treacherous shallow, narrow and rocky harbour entrance of St Austell Bay for the deep waters of Falmouth harbour.

From July to early September the Daymark is usually opened every Sunday and you can climb the 109 steps to the top and admire the truly sensational views. This service has been closed during the Covid19 pandemic but it is hoping to resume its opening soon. You can find more information on the National Trust website: www.nationaltrusts.org.uk

Hall Walk – Pretty picnic spots, castle ruins and ferry rides

Who's it for:

Families with little ones, four-legged friends and nature lovers

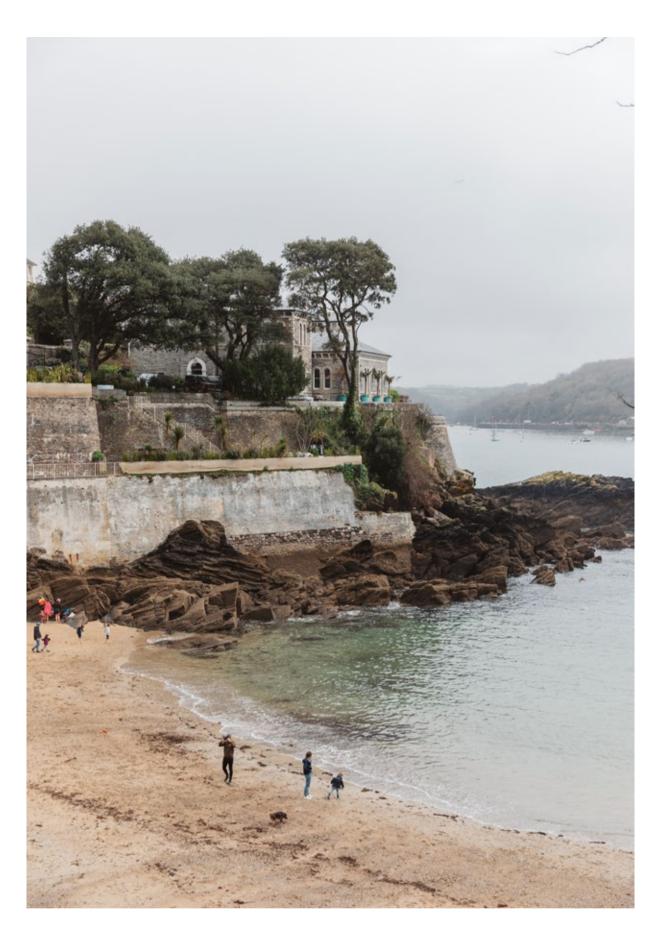
Difficulty:

Easy – great for children

Distance:

Varies, you can head back anytime

Hall Walk runs from Bodinnick to
Penleath Point and was given to the
National Trust by the Shackerly family as a
joint memorial to Sir Arthur Quiller Couch
and the men of the local area that had sadly
perished during the Second World War.



1. BEAUTIFUL VIEWING POINTS

Sir Arthur was noted for his compilation of The Oxford Book of English Verse and was a Cornish poet, novelist and anthologist who lived in Fowey from 1891-1944. Under his pseudonym 'Q" he wrote Dead Man's Rock in 1887 which was one of several novels about Cornwall and the sea.

The walk provides ample opportunity to admire the views that inspired him to write so passionately about Cornwall. The walk is peppered with benches that look out over Fowey and, it also takes you through woodland that provides shade and shelter on sunny or windy days.

2. TRAVELLING BY FERRY

The ground can be a little uneven and is quite steep in places so may not be suitable for those with mobility issues and during particularly wet periods. The walk also has the novelty factor of two ferry crossings which break up it up a little and provide a memorable talking point for those visiting the area. The full walk is a circular 4 miles (6.5km) and can be started at either Fowey, Bodinnick or Polruan, all of which have car parking facilities.

3. STEEPED IN HISTORY

We started our walk by parking in the Caffa Mill car park in Fowey and caught the Bodinnick Ferry across to Bodinnick. We walked up the slipway past the Old Ferry Inn and saw the sign for "Hall walk" pointing towards a narrow path part-way up the hill on the right.

The footpath that leads from Bodinnick to Penleath Point dates back as far as the 16th century and was created by the Mohun family of nearby Hall. It's an early example of an ornamental promenade that was later famed as the place where King Charles I was nearly shot at the height of the English Civil war in 1644.



4. PAYING RESPECTS

In Tudor times it was known for its substantial borders that were full of "sweet scenting flowers" and the ground had been levelled for playing bowles. Sadly the area was decimated in the war but the remains of a summerhouse are still visible.

There are a few memorials along the path which provide a moment to pause and reflect upon the area's history. As you follow the path along the creek you will walk through some holly trees that were planted near the house to offer protection from witchcraft and lightening strikes. European mythology associated holly with the thunder gods Thor and Taranis, but we now know that there is some scientific basis for this belief as the distinct shape of the holly leaf acts as mini lightening conductors, thereby protecting the tree and nearby houses and objects.

5. TIME FOR A PICNIC

You will soon see some buildings and a bridge letting you know that you have reached the tiny hamlet of Pont, the perfect place for a picnic - we were overjoyed to see a heron, kingfisher and weasel during our pitstop. It was once a busy quay where barges would unload coal and limestone. Lime kilns were built on either side of the creek in the early 19th century and the farmhouse was once an inn frequented by the crews. Upon crossing the bridge you will see signs for Polruan.

6. AN OLD ROW BOAT

As you follow the path uphill and through a series of fields you will see a gap in the hedgerow with a gate that leads into woodland. Enter through the gate and stick to the lower path which you will stay on all the way to Polruan where you can catch the ferry across to Fowey.

For most of the time that the ferry has been running the ferry itself was a rowing boat. If you wanted a cheap ride you could save your return fare by doing the rowing yourself! In the summer months you will arrive at Whitehouse Pier and in the winter months at Fowey Town Quay. From both points you will need to turn right and walk along Fore Street back to Caffa Mill where our walk started.







In every issue of Clay Country magazine we celebrate Cornwall's vibrant community by shining a light on the county's creative eco pioneers. This issue we meet Jamie Johnstone from Dick Pearce & Friends and discover how the company is leading the 'wood for good' revolution...

If you've ever had a beach day soured by walking past a bin overflowing with snapped bodyboards and discarded single-use items, it's likely that you care about this beautiful planet we call home as much as we do.

Plastic, poor-quality cheap bodyboards are the scourge of beach life and a real threat to the environment. Cheaply manufactured in China and transported to the UK, every part of the polystyrene bodyboard process is a disaster for the planet; from the fossil fuels it takes to create each one, to the irresponsible way they are discarded after just a few hours in the sea.

It is estimated that a staggering 16,000 single-use polystyrene bodyboards are discarded on UK beaches each year.

Not only are cheap bodyboards

a threat to the environment when they inevitably break and shed their microplastics into our coastal waters, but they are also not fit for purpose. With invisible rip currents and winds that can quickly change direction, the sea can be a dangerous place to anyone unsavvy about local conditions. Using a cheap flimsy bodyboard gives a false sense of security which can be fatal. Cheaply-made bodyboards are easily dinged which makes them water-logged and less buoyant, posing a real danger to people who rely on these flimsy items for keeping them and their children afloat in the sea.

Step forwards Jamie Johnstone from Dick Pearce & Friends.

Dick Pearce Bellyboards was founded in South Molton, Devon in 1928. The company used to be a tannery and made all sorts of beach goods, but started making bellyboards in the 1940s and quickly became famed for them. Jamie bought the Dick Pearce business in 2010 from Dick Pearce's widow, and started making traditional surf rider bellyboards from plywood on the original bending racks and using the original templates which have been used for 70 years. And he's never looked back!

The boards are now designed and made here in Cornwall and Jamie's mission is to share his passion for surfing by focusing on all the fun and none of the fuss. He says that riding a wooden bellyboard can help beginners learn all about the rhythm of the water and is simple for any age from 3 to 100. Riding a wooden bellyboard is fun and most importantly, offers a sustainable alternative to cheap polystyrene bodyboards.

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Surf Wood for Good

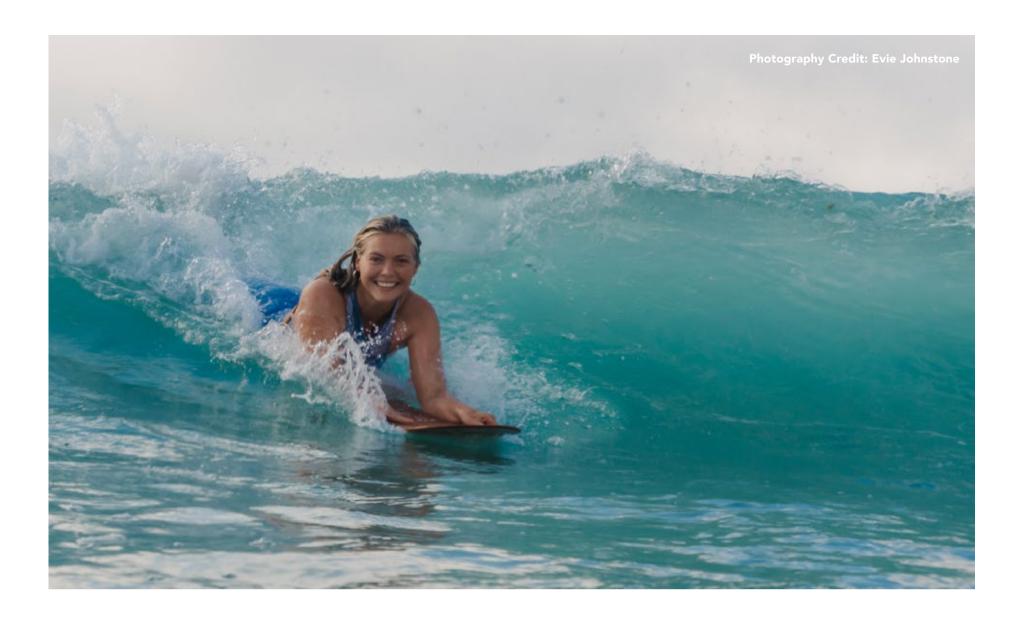
In the Spring of 2021, Jamie was inspired by a chat with fellow responsible business owner Dan (from Little Goat Gruff in St Ives) and started imagining a scheme where he could make a real difference and hopefully curtail the single-use bodyboard pandemic once and for all. The concept was simple; to supply like-minded beach shops with a stack of wooden Dick Pearce bellyboards to lend out to beachgoers completely free of charge. By supporting small beach shops and helping them to understand why single-use plastic boards are no good, holidaymakers, whippersnappers, golden oldies and everyone in between could come and borrow the wooden bellyboards as often as they wanted. The aim being to prevent the need for anyone to buy a cheap flimsy board while still allowing them the chance to fall in love with wave riding. Jamie called the project "Surf Wood For Good" and it is fast gaining traction all across the South West and beyond.





Seeing bins overflowing with broken poly bodyboards is one of the main reasons I first got involved with making wooden bellyboards," Jamie says. "Apart from riding them as a little kid and knowing how fun it is, I wanted to offer a sustainable alternative to those disposable boards. I wanted to make a version that lasts forever."





Using sustainable materials, quality craftsmanship and traditional techniques means that every single bellyboard made is slightly unique. Jamie has also started to add colour to the boards to inject some additional personality and fun whilst looking great on the beach. The eye-catching designs will hopefully encourage more people to use 'wood for good' and stop the use of cheap throwaway boards.

The Dick Pearce & Friends "Surf Wood for Good" campaign has the firm backing of environmental charity Surfers Against Sewage who have supported the campaign from the outset. A spokesperson for the charity said, "Here at SAS, we're all about getting our communities involved in replacing single-use items for reusable alternatives. Plastic pollution is a huge issue, with eight million pieces of plastic entering the ocean every single day. Not only is Surf Wood for Good kinder to our planet, it provides endless fun in the water, where you can use the board over and over again."

There are other Cornish surf companies joining the good fight and striving for a more sustainable future. Open Boards in St Agnes is a highly-renowned board shaping studio which at one time was churning out thousands of surfboards a year. Even those numbers

weren't enough to compete with the rise of overseas 'super factories', and so they decided to do things a little differently. They slowed production and now no longer attempt to compete with big brands who produce surfboards for the masses. They take pride in crafting custom boards for individual surfers who care about where their boards come from, and this forward-thinking environmental ethos means that they limit production to just 300 surfboards a year.

Getting into the sea and enjoying the natural beauty all around us here in Cornwall is one of the things which makes Cornish living so great. It's so heartening to see that there is a growing collection of pioneering small businesses in Cornwall working hard to make real change and protect our oceans. Join the eco revolution and consider where you buy your beach goods this year, the planet depends on your good choices.

How to buy:

Dick Pearce & Friends wooden bellyboards: www.dickpearce.com
Open Surf custom board shapers: www.open.surf

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Cornish chef, author, sustainable living expert & TV presenter

SEASONAL COOKING WITH

James Strawbridge



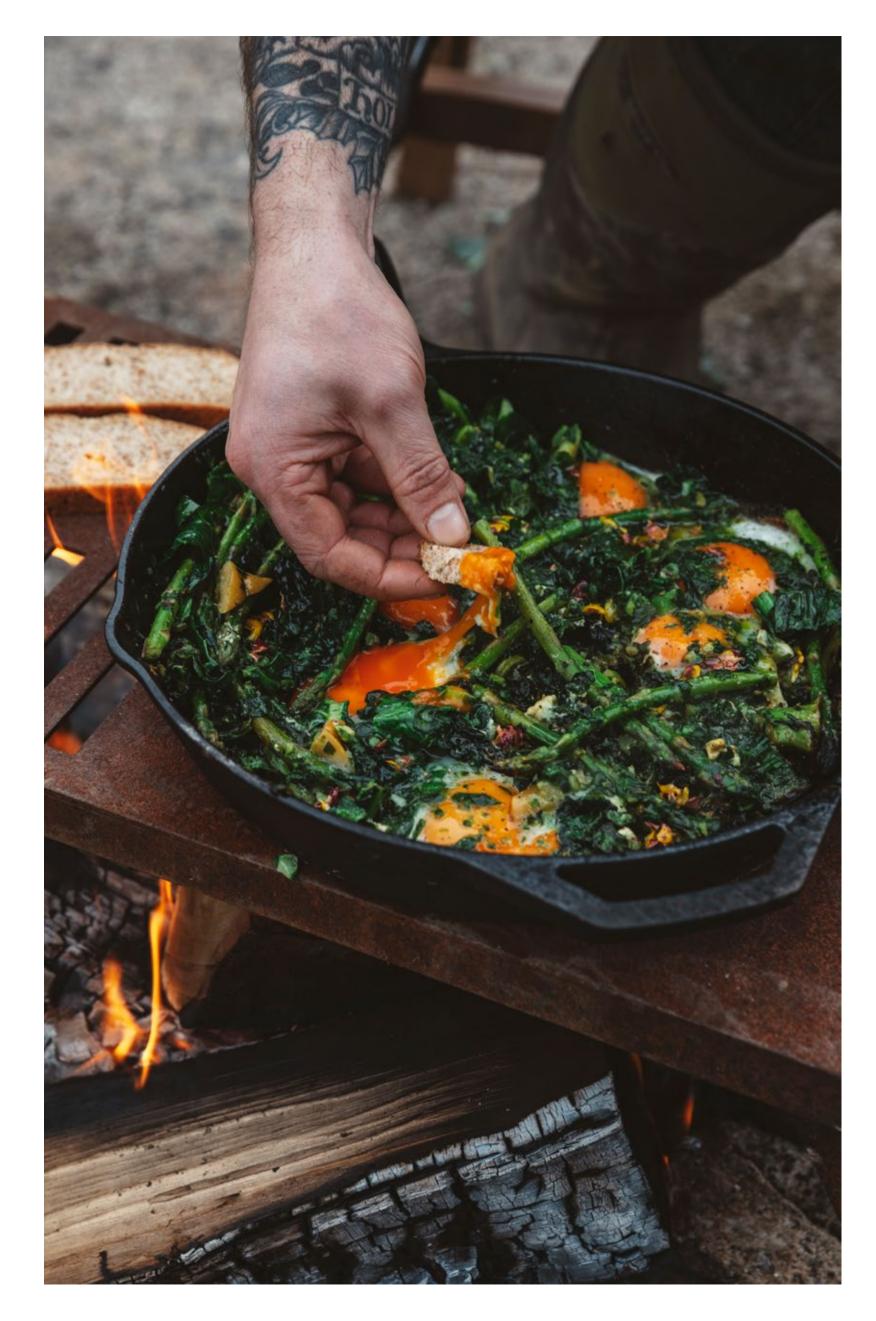
We are delighted to have James Strawbridge (Cornish chef, author, sustainable living expert, TV presenter, and son of Escape to the Chateau's Dick Strawbridge) to share with us some lip smacking summer recipes for West Carclaze. When not developing new recipes or directing photo shoots, James can be found foraging for wild food with his family, out at sea gig-rowing for his local club or painting the Cornish countryside. Not only are James' recipes mouthwatering, but they always focus on quality and provenance at every stage of the process. In this issue, James shares summer recipes with us that can be cooked or enjoyed al fresco - let's hope for a balmy Cornish summer.

JAMES STRAWBRIDGE

Cornish chef, sustainable living expert, and presenter.
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GREEN SHAKSHUKA

For weekend mornings when your diary is empty and you've the time to take care over preparing breakfast, Shakshuka is a wonderfully nourishing way to mix up your first meal of the day, or impress those you've invited round for brunch. I've used lots of delicious, seasonal greens in this dish- don't worry too much if you don't have all the greens listed below - just use up what you have in the fridge, such as spinach or pak choi. The runny eggs, zingy garlic and floral notes from the infused honey all come together to create something you'll no doubt desire for breakfast every day!

SERVES 4

Ingredients:

6 eggs

1 tsp olive oil

Large bunch of British asparagus, trimmed ½ Hispi cabbage or large handful of spring greens, shredded

- 4-6 Cavolo Nero leaves, roughly chopped
- 4 tbsp wild garlic pesto (or other green pestos')
- 2 tbsp chopped coriander, finely chopped
- 1 preserved lemon, diced
- 1 tsp cumin seeds and pink peppercorns
- 1 tsp honey [infused with rose petals optional]

METHOD

- 1. Cook all your chopped greens in a large skillet frying pan with a little oil for 3-4 mins and add in a few large tablespoons of wild garlic pesto or any other pesto you have in your pantry such as spinach or green pesto
- 2. Next add in preserved lemon, cumin seeds and peppercorns
- 3. Crack the eggs into the gaps in the pan and season with a little sea salt and cracked black pepper. Cook for 3-4 mins until whites have cooked and the yolks are still runny
- 4. Drizzle with honey to serve



SCAN BELOW FOR FULL RECIPE AND ACCOMPANYING VIDEO



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HERBY LAMB CHOPS

Make the most of summer flavours with my herby lamb chops on a bed of bulgar wheat. Marinading the meat makes for a deliciously aromatic flavour, and if you'd like to make the main ingredient really sing, cook the lamb over an open-fire so the woodsmoke can work its magic. You can of course use a griddle pan in the kitchen, for a speedier dinner dish.

SERVES 4

Ingredients:

4 lamb chops

1 tbsp oil

2 tbsp mint, finely chopped

1 tbsp thyme, finely chopped

1 tbsp oregano

1 jar of fresh anchovies

Sea salt and cracked black pepper

150g butter, diced

8-12 bulbs of garlic

Zest of 1 lemon

100ml Pastis or White Vermouth

Bulgar wheat to serve

METHOD

- 1. Season your lamb chops with salt and pepper and then sear in a hot griddle pan with a little oil Add in crushed garlic cloves and butter. Cook for 6-8 mins in bubbling butter.
- 2. Pour in your Pastis when the butter starts to brown and flambé to burn off the alcohol.
- 3. Remove from the heat and toss with lemon zest and all the freshly chopped herbs ready to serve. Also stir in fresh anchovies with the buttery herb lamp.
- 4. Present the herby chops on a bed of cooked bulgur wheat or cous cous. Garnish with gorse flowers and some sprigs of fresh herbs.







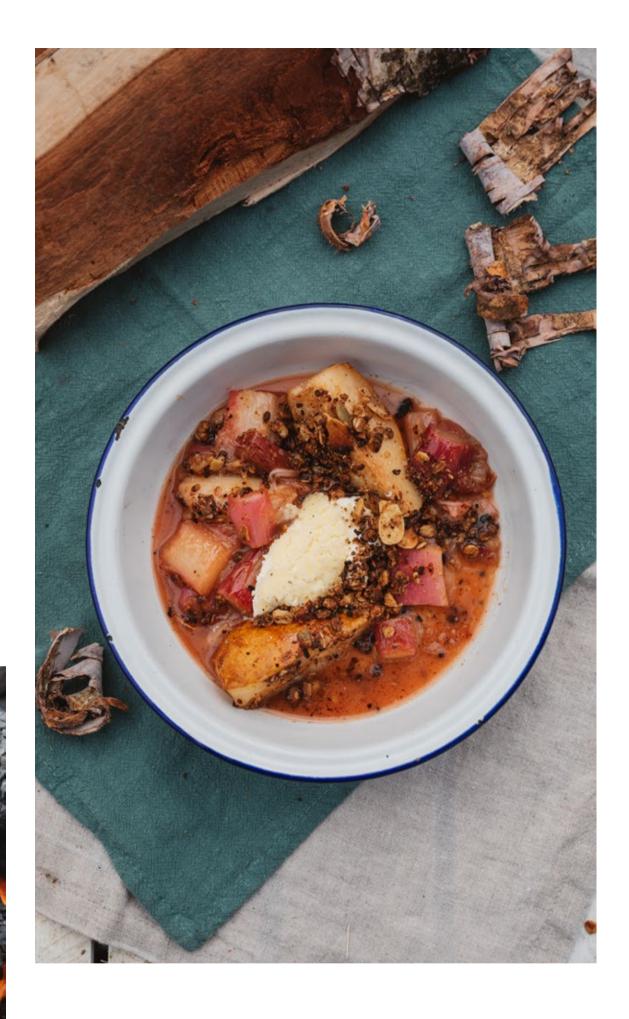








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SMOKED PEAR & RHUBARB CRUMBLE

A crumbly, oozy crumble has to be the absolute best way to eat rhubarb, don't you agree? Seeing as the season for this uniquely flavoured ingredient to grow in abundance is in full swing, we thought it apt to share James Strawbridge's own recipe. It's a family staple with his usual, interesting twists.

SERVES 4

Ingredients:

Large bunch of rhubarb, cut into 1" batons
1 tbsp Root ginger, grated
50g unsalted butter
125g light brown sugar
75ml ginger ale

For the smoked pears

- 2 Pears, sliced into quarters lengthways
- 2 tbsp Demerara sugar
- 2 tbsp Apple wood chips

Crumble topping

- 100g unsalted butter
- 150g spelt flour
- 100g golden caster sugar
- 2 tbsp almond granola

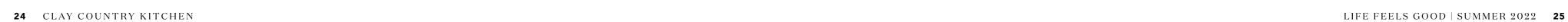
METHOD

- **1.** Sprinkle the sliced pears with demerara sugar and hot smoke for 4-5 mins over apple wood chips
- 2. Mix your sliced rhubarb with ginger beer, lemon juice, root ginger and sugar. Cook for 10-12 mins until the rhubarb is soft and juicy.
- **3.** Combine the smoked pears with the rhubarb in the pan once it has softened.
- **4.** Rub the crumble topping together and then cook in a saucepan for 6-8 mins until it turns golden. Alternatively bake on a tray in the oven at 180°C for 15-20 mins.
- **5.** Plate up a dollop of smoked pears and rhubarb with a crumble topping and serve with a dollop of Cornish clotted cream.



SCAN BELOW FOR FULL RECIPE AND ACCOMPANYING VIDEO





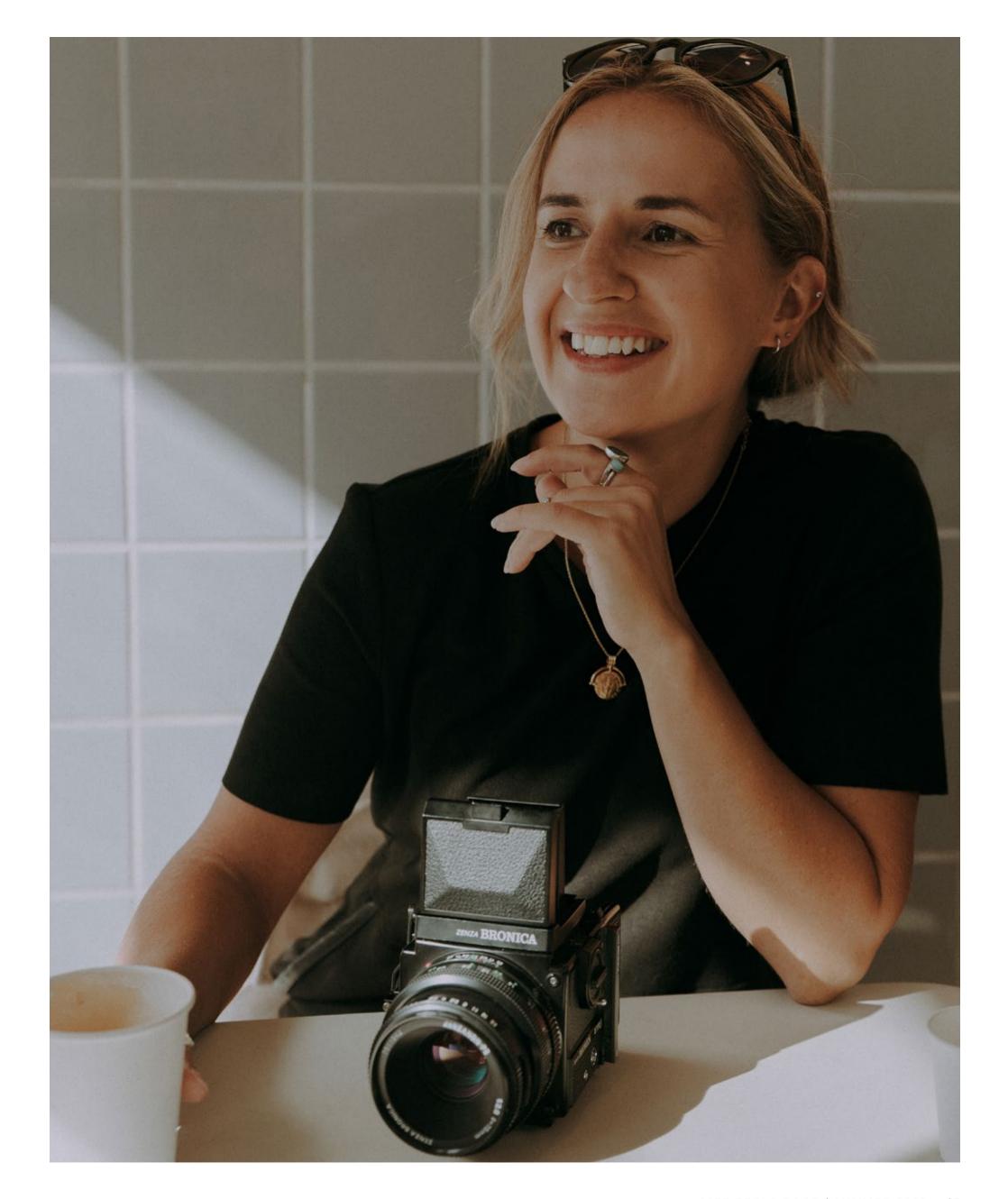
Lizzie Churchill is a fashion, wedding and lifestyle photographer based here in beautiful Cornwall. Specialising in creating natural, images for brands, publishers and creative agencies all across the UK, Lizzie has built a strong reputation as one of Cornwall's leading photographers and here we delve into her love of all things photography.

LIZZIE CHURCHILL

Local Lifestyle Photographer lizziechurchill.com
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Behind The Lens

Q & A WITH PHOTOGRAPHER LIZZIE CHURCHILL



26 Q&A

First things first, how did you first get into photography and what made you pursue it as a career?

I have always loved taking pictures. Even as a child I had an old film camera and used to take photos of family day trips, and at school I gravitated towards the more creative subjects: art, performing arts, textiles...and of course photography, so continued to study right into university as I still had a keen interested in learning more about the industry.

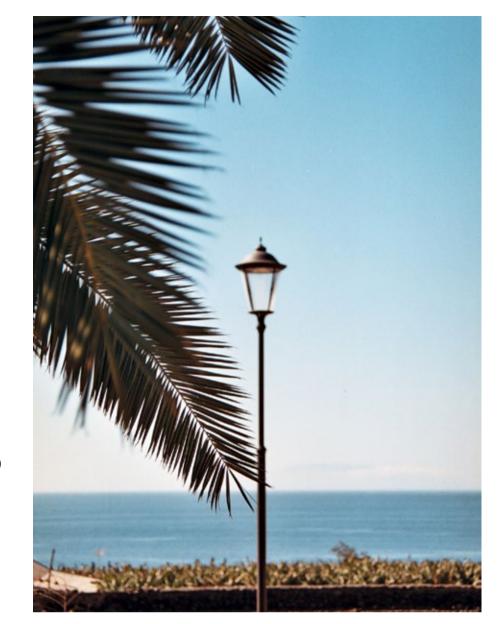
One of my first shoots post-university saw me on a beach for five hours shooting local surfer Corinne Evans as we created content for her sponsor. It was on that day that I realised I really could turn this into a career, spending my days on the beaches of Cornwall.

Did you have any formal photography training?

I completed Art, Textiles, Photography, and Performing Arts A levels and without a set course in mind for life post-6th form I continued my study through to university, where I chose to further my skill in photography. The mix of graphic design, typography, film and digital imaging was a great way to learn what I need to set up and begin my photography journey. I'm even glad (in a way) that my dissertation allowed me the opportunity to write a piece that I would never have taken the time to do otherwise. Based on body image 'ideals' and conformity, I left university with more confidence in what I was capturing and why.

How has photography being more accessible than ever, seeing as most of us have a good quality camera in our hands most of the time, affected your work?

It's great that people have easy access to camera phones or second hand cameras. It keeps things interesting, and the passion for photography alive! I think that there is space for everybody with their different styles, and there is certainly demand considering that the digital world is so fast paced. I just like to focus on continuing to hone my craft, and be true to my creative direction, which ultimately attracts the perfect clients and couples for me to work with on a professional level. Building strong relationships will ensure that people return, time and time again and recommend you to friends.

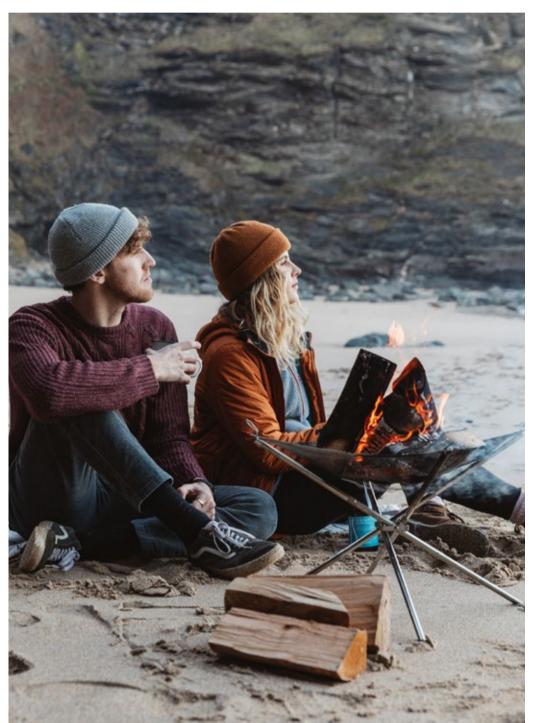






It's great that people have easy access to camera phones or second hand cameras.

It keeps things interesting, and the passion for photography alive!"







28 Q&A



What do you think are the important characteristics to help you become a successful photographer?

If an image is well-composed and well shot then it can create a great image. I think that to be a good photographer it is also really important to be personable and be able to build a good relationship with the client. It's the personality and relationships you nurture which matter just as much as having a good eye.

How would you describe your photographic style?

I always find other people describe my work better than I do because everyone sees something different! Natural, clean and honest would perhaps be good words to use. I like to keep my images quite true. I love the pastels and earthy-tones of the Cornish palette. Minimal and clean.

Weddings must be high-stress as you only get one chance to capture the shot of a lifetime. How do you handle the pressure?

It's definitely a high pressure shoot day, and as any other wedding photographer will tell you, it's constantly on my mind in the days and weeks leading up to it. The timings are crucial and you don't want to be responsible for anything running over so planning is key. You find that once the day arrives, everybody is so lovely and welcoming that the nerves melt away. Having a clear plan and being experienced and getting to know the couple is crucial. You can learn a lot about a couple by meeting them and getting to know them and identifying their needs and wishes. I see it as a supreme privilege to be able to share someone's wedding day and to see every element of the day that others perhaps don't get the chance to see. Most of my wedding couples are now like friends and we stay in touch which is really lovely.

How do you make a client feel comfortable in front of the camera?

I don't think I do anything specific, I treat everybody like a friend because that's how I see them, and perhaps it's just being down-to-earth and honest which sets them at ease.

What is your number one most important tool of the trade that you can't do without?

My camera. There shouldn't be any pressure in having the most expensive camera, having a camera is better than none.

What do you love most about Cornwall and why do you live and work here?

The beaches. 80% of our border is coastline full of beaches, cliffs, headland and rocky shores; each offering so much diversity. That, the people, our towns, and landscapes are some of the things which are just so special. I try to make the most of being here and enjoy the privilege of being in Cornwall.

What would you say influences you and your work the most?

I think I'm definitely influenced by the colour palette of cornwall; that and the sense of escapism, travel and an inspirational lifestyle. Locations, brands, other photographers and I guess even seasonal trends all play their own part in inspiring what or where I'm shooting.

If you weren't a photographer, what do you think you might be?

If I wasn't capturing the images I'd still love to somehow be connected to all the people I've met in Cornwall. Whether that's in some creative way, or having my own shop or something which allows me to work in a social environment with likeminded people.

Thank you so much for your time today, Lizzie, we have loved listening to your answers and hearing all about your craft.

For more information or for a quote, go to: **www.lizziechurchill.com**





30 Q&A



Explore the Beauty of Nature in Cornwall's Gardens

Five Cornish Gardens That Children Will Love This Summer

A day at the beach is on many people's bucket (and spade) list, but our corner of the country also has an enviable selection of verdant gardens which sometimes get overlooked in favour of the coast.

From rambling woodland to subtropical glades and finely manicured parkland, Cornwall benefits from a warm coastal climate which means that all manner of rare and exotic species can be found in Cornwall's landscapes; some of which are ranked among the best gardens in the world.

Here are just some of our favourite gardens that children (of all ages) will love...

DISCOVER THE LOST GARDENS OF HELIGAN

With 200 acres of history, mystery and natural beauty to be uncovered, there's something for everyone at the Lost Gardens of Heligan.

Located near Mevagissey, these beautiful gardens were left to fall into tumbling disarray for many years, but were re-awakened in 1990 when they were discovered by Tim Smit (of Eden Project fame) and John Willis. The optimistic duo began the largest restoration project of its kind and spent many years clearing a mountain of brambles and thorns, resurrecting planted areas and restoring the gardens to their former glory.

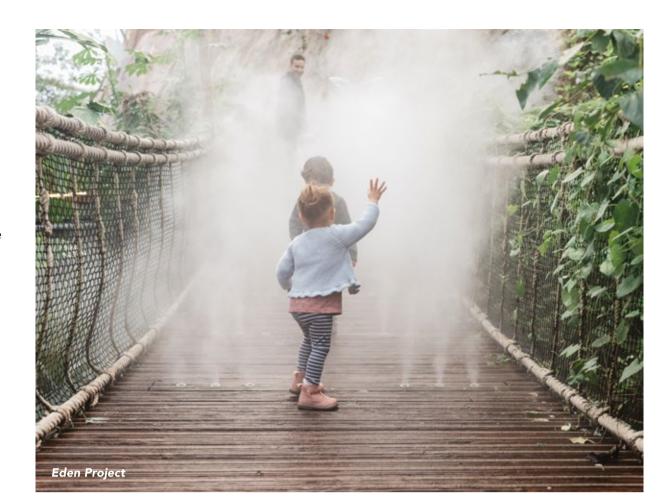
Today, the Lost Gardens of Heligan are a magical natural playground for all of the family to enjoy and one of the best examples of a historic garden in the UK. You can spend hours exploring the arboretum, canopies, and examples of topiary, and little ones will love the wooden adventure play area, be delighted to meet the farm animals and enjoy the seasonal events they host all throughout the year.

Opening Hours:

Open daily from 10am – 6pm

Entry Fee:

Adult £22.50, Child (5-17 Years) £9.50, Child (Under 5) Free, Family Garden Admission (1 Adult & up to 3 Children) £45 www.heligan.com



FIND OUT WHY
THE EDEN
PROJECT IS
DUBBED
THE 'EIGHTH
WONDER
OF THE WORLD'

The word 'garden' seems to somewhat sell short the pioneering conservation and educational work carried out at Cornwalls' world-famous Eden Project. Here at this ecological masterpiece, you can trek through the world's largest indoor rainforest, take in the sights and smells of the Mediterranean Biome and explore the beautiful labyrinth of outdoor gardens and educational spaces.

Now an awe-inspiring attraction for tourists and locals alike, the Eden Project used to be a barren former clay mine in the heart of mining country. Tim Smit and his team of visionaries transformed the huge crater into the global garden you see today, which sets the stage for an extraordinary day out where you'll rediscover the natural world as you've never experienced it before.

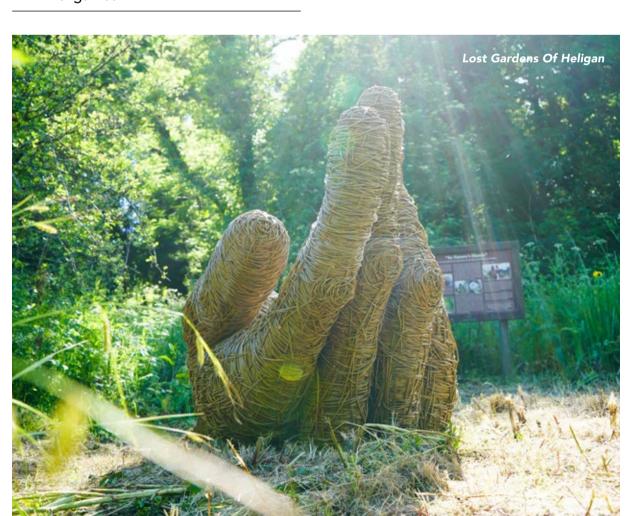
As you probably know if you live nearby, The Eden Project has plenty of areas undercover and is an unmissable destination for the whole family come rain or shine.

Opening Hours:

Open daily from 9:30am – 4pm

Entry Fee

Adult standard £32.50, Student Standard. £27.50, Child (aged 5-16) Standard £11. Peak prices apply during peak times. Local passes are available to local postcodes. www.edenproject.com





A TASTE OF THE EXOTIC ON THE HELFORD RIVER

Revel in the 26 acres of natural paradise of Trebah Gardens. With its subtropical terrain and elegantly sweeping valley leading onto a private beach, you will soon see why Trebah is rated one of the top 80 gardens in the world.

This majestic hidden gem and a mustvisit for anyone looking for a place of calm reflection in the heart of Cornwall, with plenty of play areas to keep little ones entertained too. They can unleash their inner Tarzan on the Tarzan's Camp play area as they swing through the custommade tree canopy, whilst living their best lives on the Paraglide. The gardens are well-stocked with sub-tropical and exotic species which makes this a must-visit for keen horticulturists. Trebah also boasts a unique outdoor theatre and lots of seasonal trails and events throughout the year, making it the perfect destination for family adventures a-plenty.

Opening Hours:

The gardens are open from Saturday to Wednesday 10am-4:30pm. Visits must be booked in advance via the website.

Entry Fee:

Adults £13, Children 5-15yrs £6.50, Under 5s free.

www.trebahgarden.co.uk

LOSE YOURSELF AT A-MAZE-ING GLENDURGAN

With over 300 acres of ambling woodland and rugged coastline with stunning views and access to the Helford River, Glendurgan is not only home to an extensive 200-year old maze but it also houses a second-hand bookshop, a rope swing and its very own beach.

This impressive National Trust-owned estate near Mawnan Smith is especially breath-taking in springtime when the blankets of bluebells and wildflowers put on a fine show. Walkers will delight in the fact that you can access the South West Coast Path from Glendurgan, inviting you to explore all of the natural wonders our stunning Cornwall has to offer.

Little ones will enjoy the natural playgrounds of garden, coast and valley, whilst the intriguing blend of exotic and native plants will provide interest for garden lovers of all ages.

Opening Hours:

Opening times vary, please refer to website for up-to-date information

Entry Fee:

Adults £10, children £5 www.nationaltrust.org.uk/glendurgan-garden

GREEN AND KEEN AT TREMENHEERE SCULPTURE GARDENS

Venture a little further west towards Penzance and you'll find the impressive Tremenheere Sculpture Gardens. In a beautiful, sheltered valley overlooking St Michael's Mount; the dramatic vistas provide the perfect setting for large-scale exotic and sub-tropical planting at Tremenheere Sculpture Gardens in Cornwall.

A stunning open space for families to enjoy with an abundance of lush vegetation and larger-than-life contemporary art installations, Tremenheere will delight kids of all ages. The gardens are bursting with flora, art and wildlife and are perfect for a day's exploration. With vast stretches of green lawn for little legs to roam and run, the possibilities of sighting bunnies, squirrels, buzzards and even deer, a trip to Tremenheere will spark children's imaginations and cement their love for the natural world.

Opening Hours:

Open daily between 10.30am and 5.30pm **Entry Fee:**

Adults Entry £9.00, Children Aged 5–15 £4.50, Children Under 5 FREE, Family Ticket (Two Adults and Two Children Aged 5–15) £24.00

https://www.tremenheere.co.uk/

Wherever you live in Cornwall, don't forget the beautiful gardens and lessertrodden green spaces when planning your next family day out. You might just find a favourite spot which supersedes your love for the coast, providing the natural playground your children will cherish for years to come.

DATES FOR YOUR DIARY

What's on in Cornwall This Summer



Boardmasters Music Festival, Watergate Bay

10th - 14th August

As soon as the sun comes out, our thoughts turn to the festivals, events and all the fun and wonderful things to do now summer is here. Enjoy our handpicked run down of the best things to do this summer in Cornwall.



The Great Estate Festival, Scorrier House 2nd – 5th June

28TH MAY – 5TH JUNE

Cornwall Open Studios, Various Locations

Art-lovers will take joy in the fact that Open Studios returns to Cornwall this summer. Between Saturday 28 May and Sunday 5 June, a talented collection of artists, designers and makers from all over Cornwall will share their studio spaces as they open their doors and welcome visitors to discover, discuss and purchase original works of art.

www.openstudioscornwall.co.uk



2ND – 5TH JUNEThe Great Estate Festival, Scorrier House

The festival scene in Cornwall is growing year on year and people from all across the UK flock here due to the idyllic surroundings, balmy weather (usually), bevy of local food and drink and the world-class acts on stage. In a relatively short time, The Great Estate has become THE family festival in Cornwall and definitely not one to miss.

www.greatestatefestival.co.uk

9TH – 11TH JUNE

Royal Cornwall Show, Wadebridge

After two years, this much-loved event is back! A big focal point in Cornwall's agricultural calendar with more than 100,000 expected to attend including the West Carclaze Garden Village team, make sure you pay us a visit. Three days packed with animals, horse shows, the county's finest food and drink producers as well as traditional crafts and music. Buy your tickets:

www.royalcornwallshow.org

JUNE / JULY

Cornwall Pride 2022, Various Locations

This summer Cornwall will give special recognition to the fact that it's the 50th anniversary of the very first Pride in London June 1972. Watch the county be transformed by a fabulous rainbow of celebrations as 11 community Cornwall Prides occur during May, June and July across the whole of Cornwall. Check the website for what's happening and when.

www.cornwallpride.org



21ST JUNE

Diana Ross Eden Sessions, St Austel

The Eden Project has long been known for securing amazing world-class acts for their popular Eden Sessions, and this year is no exception. The Queen of Motown and one of the most successful global recording artists and entertainers of all time, Diana Ross, will perform in front of fans at the iconic Eden Project near St Austell. You can also see Bryan Adams, Nine Inch Nails, Noel Gallagher and Stereophonics on various dates throughout the summer.

www.edensessions.com

TUESDAY 19TH JULY

Open Air Theatre: A Midsummer Night's Dream, Bedruthan

Situated on the meadow at Bedruthan Hotel with spectacular views overlooking the sea, an outdoor theatre performance doesn't get better than this. Pull up a blanket and pour yourself a glass of something cold as you watch the talented Quantum Theatre group perform one of Shakespeare's most beloved plays.

www.bedruthan.com/events/theatre-a-midsummer-nights-dream

SATURDAY 16TH JULY (AND SELECTED DATES)

A Fine Dining Experience Like No Other, Camel Trail

A beautifully-renovated vintage railway carriage halfway along the Camel Trail cycle path between Padstow and Wadebridge is the unexpected popular location for fine dining this summer. The Atlantic Coast Express (known as 'A.C.E') has been serving up ice creams, crepes, coffees and cakes to walkers and cyclists since 2009, but have launched the addition of fine dining Summer Night Supper Clubs which are already proving extremely popular.

Dates: Saturday 16th July, Monday 15th August and Saturday 10th September.

www.atlanticcoastexpress.com

10TH - 14TH AUGUST

Boardmasters Music Festival, Watergate Bay

Boardmasters music and surf festival has really put Cornwall on the map for festival goers. The location is absolutely mindblowing and with a line-up including the likes of George Ezra, Disclosure, Kings of Leon, Damien Marley and Bombay Bicycle Club, you'll need to book tickets in advance to guarantee your place.

www.boardmasters.com



14TH - 20TH AUGUST

Fowey Regatta, Fowey

Every August the usually peaceful town of Fowey attracts thousands of visitors for one of Britain's premier sailing events; the Fowey Royal Regatta. Whether you are sailor or landlubber, there is lots to see and do for the whole family including live music on the quay and the famous ceremony of the enormous eight-foot long pasty which is paraded through the streets before being cut and shared with all the children.

www.foweyregatta.co.uk

15TH – 17TH SEPTEMBER

Breeze Makers Fair, Penzance

Cornwall is a hotbed of creativity, and in September you can witness the best in art, design and heritage craft at the Breeze Art & Makers Fair in West Cornwall's beautiful Trereife House. This art & design event will showcase the very best designermakers and artists in the region, with three days of exhibitions, workshops, talks and demonstrations.

www.breezefair.org

17TH - 18TH SEPTEMBER

Proms at the Minack, Porthcurno Bay

Bring your flags, horns and whistles to celebrate the end of summer at this ever popular Last Night of the Proms event at the iconic and breathtakingly-beautiful Minack open air theatre. There is also a firework display to end off an evening of pure joy.

www.minack.com/whats-on/proms-minack

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Beaches & BBQs

Cooking and eating outside is a true feast for the senses; the roar of the grill, the medley of smoky flavours, the mouthwatering anticipation as delicious BBQ food is served up to eat in the great outdoors - there's really nothing that compares.

Here in Cornwall, our beautiful coastline provides the perfect backdrop for eating al fresco, and a BBQ provides an elemental way of taking us back to basics. This issue we look at everything you need for the perfect beach BBQ, from the food to the blanket and everything in between.

First Things First - Which Beach?

Here in Clay Country we have a wealth of beautiful beaches nearby, meaning that the most difficult part of planning your perfect beach BBQ will be deciding which beach to have it on! Whether you crave golden sands or a hidden cove, a dog-friendly beach or surfable waves, there's something for everyone just a pebble's throw away. Here is everything you need to know for your very own beach BBQ with a difference...

POLSTREATH BEACH

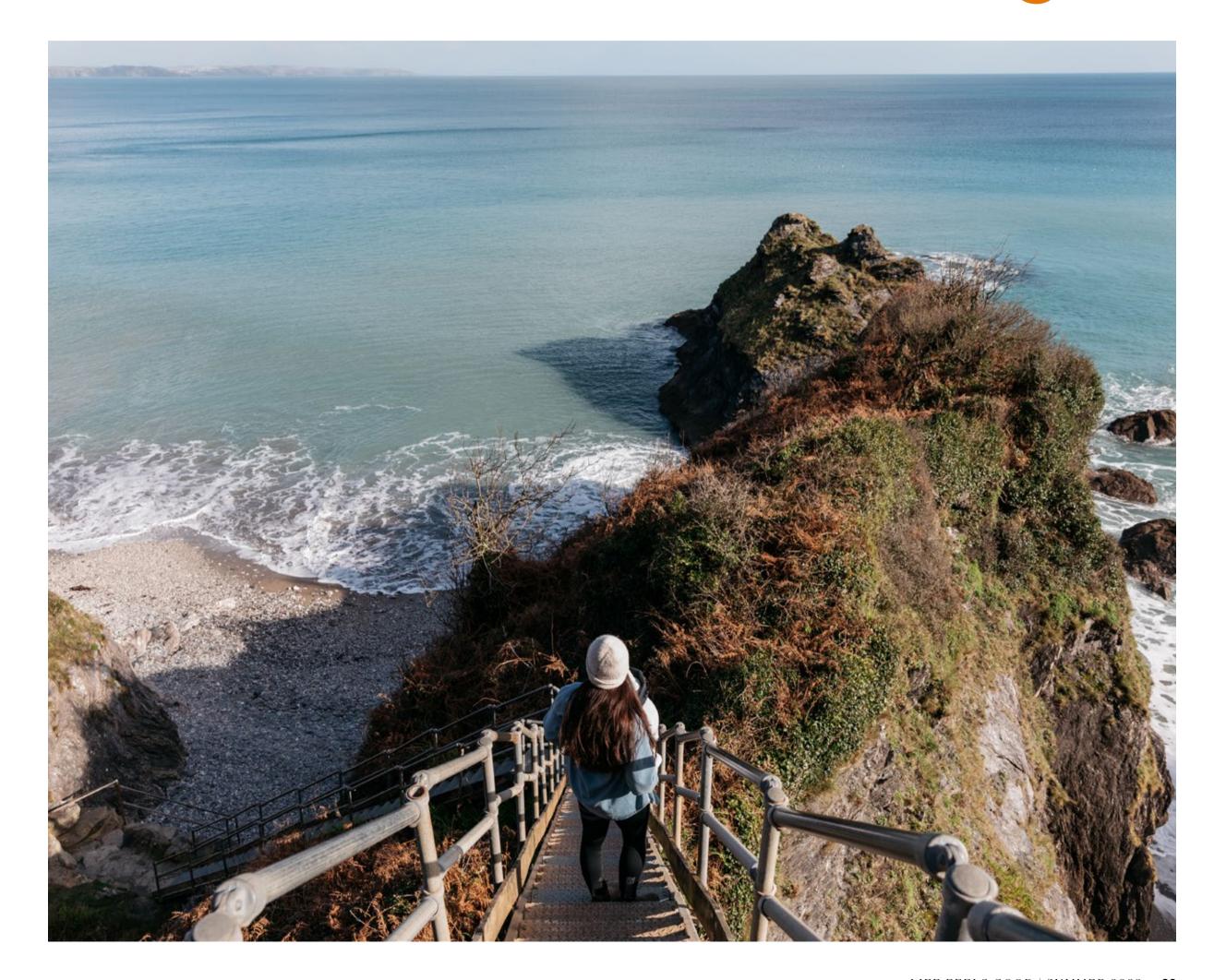
Polstreath is a wide, sheltered beach not far from Mevagissey with a mix of sand and shingle. Despite being just a quarter of a mile from the busy harbour town of Mevagissey, this beach remains quiet and sheltered, perfect for an early evening BBQ (just be ready for the steep steps back up!)

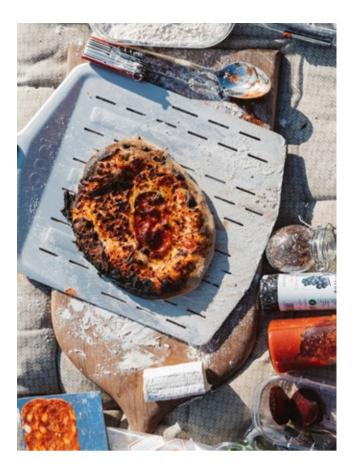
PORTHLUNEY COVE

If you like your beaches with a castle in sight, Porthluney Cove is the beach for you. Also known as Caerhayes Beach, this tranquil cove has good parking and the waters are often calm making it perfect for a post-BBQ swim as the sun goes down.

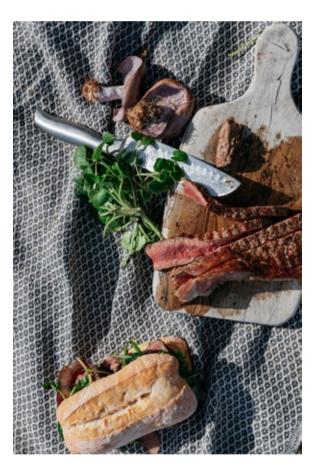
PORTHPEAN BEACH

With calm, clear waters and fine golden sand, this popular family-friendly beach is nicely sheltered making it ideal for a beach BBQ with the whole family. Dogs are welcome (except in July and August) and there are good facilities.









The Star of the Show; The Food & Drink

Once you've picked the perfect setting for your beach BBQ, you'll want to consider the most important element - food and drink! Whilst BBQ food has come a long way since the charred hot dogs of old and too-warm bottles of beer, you can't forget these crowdpleasers whilst also incorporating some interesting ingredients to ensure that the foodies in your party are satisfied too.

Sausages: Undoubtedly a familyfavourite, no BBQ is complete without the humble banger. Choosing locallymade, responsibly-farmed sausages and burgers is easy when you have so many incredible local producers nearby - Kittows or Philip Warren's butchers make traditional handmade sausages using natural casings, locally sourced pork and fresh seasonings to ensure your hot dogs satisfy the tastebuds.

Steak, Ribs and All the Rest: Be creative with your BBQ meat and consider using a variety of meats to up your BBQ game. The Cornish Food Box Company do a 'BBQ Box' which takes the guesswork out of choosing delicious, locally-sourced produce for your chargrilled supper which includes chicken, steak and all manner of delicious meats for your BBQ.

Fish: With the working harbour town of Mevagissey nearby, you can enjoy the privilege of fresh fish straight off the boats. There's nothing quite as delicious as fresh mackerel or scallops gently crisped on the BBQ with a crunchy green salad to accompany.

Veggies: Local seasonal crops like Cornish asparagus provide a delicious BBQ addition for plant-based scrumptiousness, and shows us that the BBQ is no longer

the mainstay of carnivores alone. Create delicious skewers with onions, halloumi and peppers for a rainbow of BBQ flavours.

Cornish Sauces: Keeping it local has never been easier than with the talented condiments producers over at Cornish Ketchup. With a tempting range of sauces including garlic mayo, chipotle and classic ketchup, your BBQ flavours will be beautifully enhanced with the addition of Cornish-made sauces.

Cornish Gin: There are several good Cornish gin producers in our county; whether you choose Elemental premium craft gin or perhaps the popular flavours of Tarquins, just make sure you serve it with lashings of ice and a big smile.

Cornish Cider: They say that Rattler has a sting in the tail- have you tried it? This popular apple-based beverage is a favourite among cider drinkers and never fails to quench the thirst. Cornish Orchards also make a great range of both alcoholic and non-alcoholic ciders, perries and elderflower juices.

Cornish Wine: With Trevibban Mill and Camel Valley on the north coast you don't have to look far for award-winning delicious Cornish wines.



Now. What to Cook it On?

Not that long ago the disposable BBQ reigned supreme. Piled high in supermarkets and sold cheap, these easy-to-light single-use BBQs seemed a perfect option for those looking to enjoy a BBQ on the beach. Fast-forward to the present day and we realise that single-use BBQs are not only a danger to beachlife, but they add to the landfill problem and negatively impact on the environment.

The more responsible option is to choose a good quality portable BBQ which can be used time and time again. Whether you choose a traditional charcoal BBQ or the simplicity of gas, there's a portable option out there for all budgets:

WEBER GO ANYWHERE CHARCOAL BBQ (£70)

Charcoal is a superior flavour-maker, and this compact portable BBQ is our favourite thanks to its weatherproof casing, easy carry handle, and the way it cooks evenly and quickly. It may be small in size, but you can cook in batches so you can turn out a great amount of food in a short space of time. Easy to clean and brilliantly made, this BBQ is everything you'd expect from the famous Weber brand.

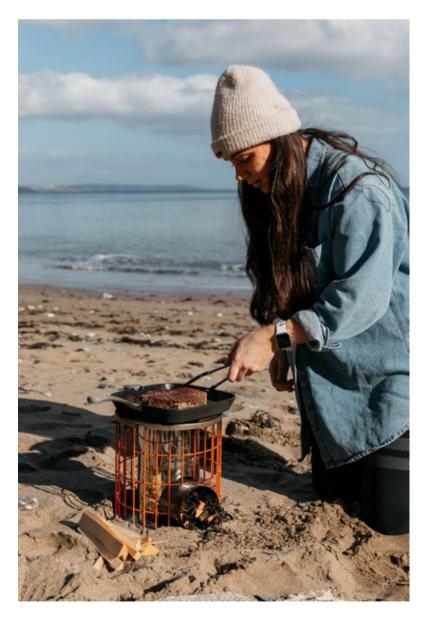
ANEVAY WOOD-FIRED HORIZON ROCKET STOVE (£89)

This portable eco-friendly rocket stove is easy to carry and ready to use in seconds. They light and cook with the most minimal of fuel and effort; simply stick a few pieces of driftwood (or even dried seaweed) into the fuel pipe and pop a pan on top and you'll be cooking in no time. They cool down quickly which is paramount for families with curious toddlers and for leaving the beach quickly after sundown.

IQ PORTABLE GAS BBQ GRILL (£123)

This is a great gas BBQ with half of the cooking area a BBQ grill and the other a searing plate, providing numerous options when it comes to what you can cook. It comes with a free accessories pack and is easy to carry and a great all-rounder- you can even use it for a breakfast beach BBQ as you can grill eggs and all sorts on it!

Wherever and however you enjoy a beach BBQ, choose to do it responsibly. When you enjoy a beach supper in Cornwall remember the most important mantra; "leave only footprints, take only memories".





SITE UPDATE

West Carclaze Garden Village

As you would expect, certain parts of a ten year, ambitious project can be rather slow to flourish, but over the past three months we've seen huge progress across the site with regard to Phase One of our plans. Much like when a young tree receives just the right amount of water, warmth sunlight to encourage a growth spurt, it feels like all of the right elements have aligned for us too recently.

More infrastructure is popping up, from new walkways, to tree-lined streets, and some of our southern trails are now open to the public so we gladly encourage you to use them, be it for gentle rambles from Eden Project to Wheal Martin, longer walks using the Sustran's Trail, or challenging runs through dramatic landscape. These routes are there for the local community and beyond to enjoy!

We're also plotting out important areas for our on-site primary school, which will be opening in September 2023. We hope to begin planting the playing field soon, so everything feels green and lucious ahead of the grand opening next year, and the momentous day when we welcome the very first students of our forward-thinking school. In the interim, Sky Primary is taking residence at Eden Project itself, and you can find all the information you need via their website, from enrollment to curriculum. This school is set to be like no other in the county, a place to nurture the citizens of the future. To educate them about respecting our land and preserving the planet. We will keep you updated about this exciting part of our build.





Perhaps the most notable, recent achievement is the completion of our first homes, which you can see here in the accompanying images. And not only have the first homes been signed off, villagers have been moving in too. This is a big milestone for us - going from a site filled with project managers, designers and builders to actually becoming the home address for residents is a great feeling for the whole team. Much like the budding flora and happy wildlife who also call this garden village their home, the new residents are breathing life into this place, and it's truly wonderful to see. Our years of planning to make this historic site somewhere where families can lay down their roots and be in their forever homes, is coming to fruition. All of the completed homes have hit the high sustainability criteria we set out to achieve, something that's become even more important than when we first set out on this journey. We have super-local buyers, people returning from upcountry, and people coming to live in Cornwall for the first time, for some, they are buying their dream homes (there have been tears of joy) and there is huge excitement, they really can't wait to start a new chapter in their lives while becoming part of our new community.

We'll be bringing you more information about the families who have joined us here in our Autumn edition, as there are some really interesting, special stories to be shared. When it is time for edition two to be released in the fall, we're hoping to be able to report some further big changes, including the commencement of Phase Two, which includes the impressive village centre complete with a manmade water body, pub, food hall, and beautiful event space. We're also just about to begin building our marketing suite and showhome, which we hope to be completed later in the Summer.

Work is beginning on the community gardens, allotments and orchard, which we hope to unveil in early spring of 2023 - perhaps the most perfect month to open spaces of this nature! This is a really key part of our vision for using this land to grow food and aid the health and wellbeing of the local community. We envisage villagers working together to form relationships through a shared love of green-fingered activities.

We hope that you've enjoyed this first edition of Clay Country, and that you'll be on the lookout for next.

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Local Directory

Padstow Brewing Company Micro Brewery

Padstow Brewing Company : an award-winning micro-brewery found on the rugged North Coast of Cornwall.

www.padstowbrewing.co.uk

Trecerus Industrial Estate, 4a, Padstow PL28 8RW

01841 532169 sales@padstowbrewing.co.uk

Firebrand Brewing Company Micro Brewery

Cornish craft beer made from humble roots, Firebrand Brewing Co has a passion for brewing great beers exactly how we like

www.firebrandbrewing.co.uk

Unit 2, Southgate Technology Park, Pennygillam Industrial Estate, Launceston

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www.padstowbrewing.co.uk

Trecerus Industrial Estate, 4a, Padstow PL28 8RW

01841 532169 sales@padstowbrewing.co.uk

Firebrand Brewing Company Micro Brewery

Cornish craft beer made from humble roots, Firebrand Brewing Co has a passion for brewing great beers exactly how we like

www.firebrandbrewing.co.uk

Unit 2, Southgate Technology Park, Pennygillam Industrial Estate, Launceston

01566 86069 beer@firebrandbrewing.co.uk

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For further information contact sales@westcarclaze-gardenvillage.co.uk or call the agents on 01208 74888



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WORDS

Digital Natives www.digital-natives.co.uk

PHOTOGRAPHY

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Lizzie Churchill www.lizziechurchill.com

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